

**WORKING  
TOGETHER**

for  
**You**

**JOURNEY**



**HEALTH  
SYSTEM**

[www.journeyhealth.org](http://www.journeyhealth.org)

**ANNUAL REPORT 2023**



# Who

# we are.

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Journey Health System is an affiliate network comprised of behavioral health companies staffed by 1,000 full-time and part-time individuals. The seven affiliates include six non-profits:

- Beacon Light Adult Residential Services (BLARS)
- Beacon Light Behavioral Health System (BLBHS)
- Deerfield Behavioral Health (DBH)
- Dickinson Center, Inc. (DCI)
- Forest Warren Mental Wellness Association (FWMWA)
- Stairways Behavioral Health (SBH)

Plus, one for-profit entity that manages a unique "level-of-care" software tool:

- Deerfield Solutions

The Journey Health System Board of Directors include representatives from each of the member organizations. Together they deliver mental health care to a total of 23 counties across Pennsylvania.

As a 509(a)(3) nonprofit organization, Journey Health System functions as a supporting organization that takes the burden of managing administrative functions away from the affiliated behavioral health organizations to allow them to focus on their mission of providing excellent care.

Journey Health System is designed to ensure better outcomes for clients, families, and the communities served and allows for greater efficiency in the delivery of behavioral health services.

By being a part of Journey Health System, the administrative fees, ideas, and innovative best practices are shared among the group of affiliated companies. Millions of dollars are saved through bulk purchasing power, contract negotiations, and economy-of-scale advantages. This should make each affiliate organization financially stronger and more sustainable for the foreseeable future.

## OUR MISSION IS TO SERVE YOURS.

### OUR VALUES:

COMMUNITY FIRST  
 CLIENT CENTERED  
 RESPONSIVE TO COMMUNITY NEEDS  
 STRONG & RELIABLE  
 LOCAL & CONSISTENT

# How we are changing lives.

## Fiscal Year 2023 Affiliate-wide Reach Across Pennsylvania



**8.4K**

ADULT  
MENTAL HEALTH  
CLIENTS



**3K**

CHILD  
MENTAL HEALTH  
CLIENTS



**1K**

EMPLOYEES  
AGENCY-WIDE



**73**

PROGRAMS  
AVAILABLE



**83**

FACILITIES  
ACROSS PA

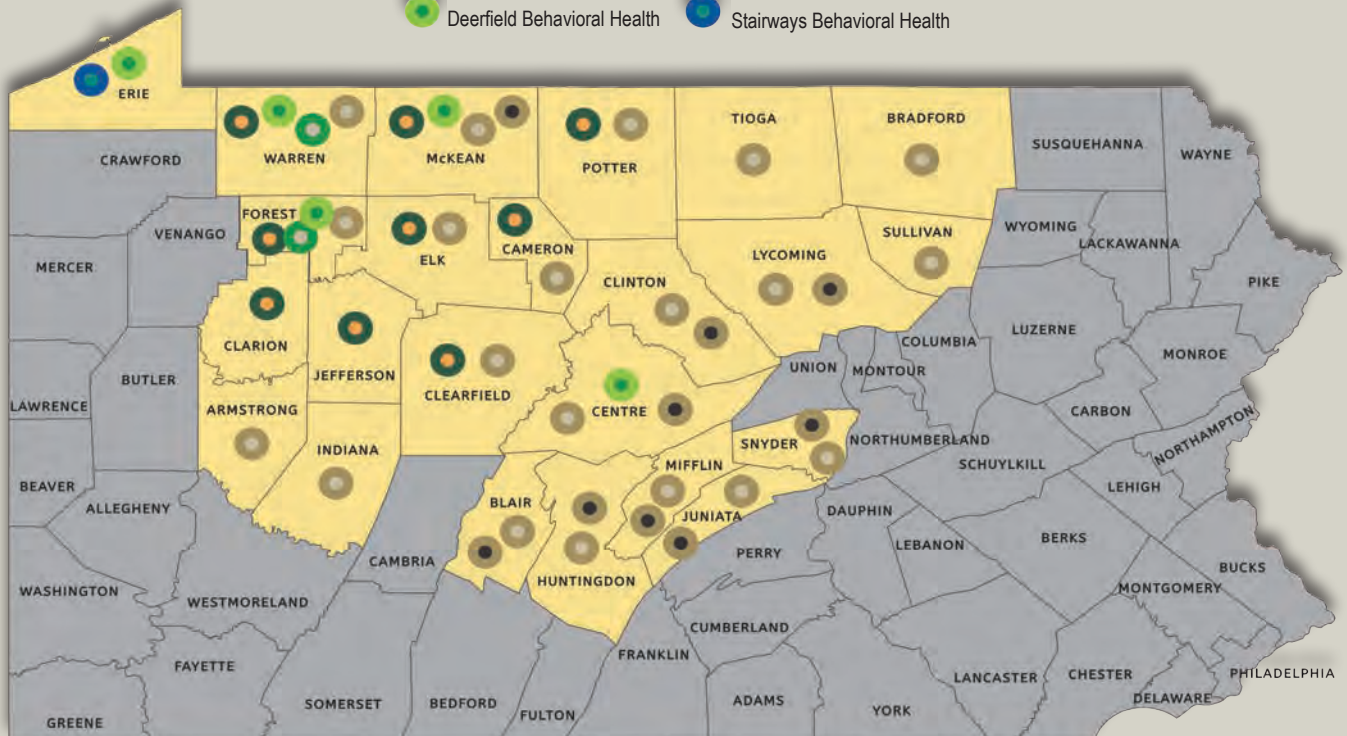


**\$105K**

UNCOMPENSATED  
(CHARITY CARE)  
PROVIDED

## 23 COUNTIES SERVED

- Beacon Light Adult Residential Services
- Dickinson Center, Inc.
- Beacon Light Behavioral Health Services
- Forest Warren Mental Wellness Association
- Deerfield Behavioral Health
- Stairways Behavioral Health



# Current Board Members

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## Journey Health System & Deerfield Behavioral Health

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Anne Albright  
Tawni Betts  
Maurice Cashman  
Richard Esch  
David Ferguson  
Joseph Haines  
Craig Hartburg  
Kathleen Jones  
Gregory LaRocca  
Celene McIntyre  
Robert Saunders  
Dr. Tony Snow  
Thomas Tredway  
Joseph Yaros

---

## Beacon Light Adult Residential Services

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Dee Baxter  
Karen Costello-Pecht  
Dr. Richard Dryden  
John Foerstner  
Jean Hvizdzak  
Brandon Means  
LiKaya Imani  
Mary Anne Polucci Sherman

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## Stairways Behavioral Health

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Nanda Chuwan  
Rosemari Graham  
Craig Hartburg  
Brian Hennessy, Esq.  
Kurt Hersch  
Gregory LaRocca  
Celene McIntyre  
Dr. Kristine Nelson  
Brandon Sieber  
Dr. Tony Snow  
Thomas Tredway  
Joseph Yaros

---

## Beacon Light Behavioral Health System

---

Anne Albright  
Maurice Cashman  
William Chapman  
Christopher Clifford  
Kelly Compton  
Lori Peace  
Norm Strotman  
Cindy Zembryki

---

## Dickinson Center, Inc.

---

Joseph Haines  
Bob Ordiway  
Abbi Peters  
Elena Radkowski  
Patricia Rosenstein  
John Schlimm  
Todd Stoltz  
Kara Vollmer  
Cindy Zembryki

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## Forest/Warren Mental Wellness Association

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Kimberly Adams  
Robert Coy  
Michael Gray  
Sue Kibbey  
Erica Kridler  
Gary Lester  
Eric Olson  
Patricia Rosenstein  
Jill Toto

*This publication is dedicated  
in loving memory of the consumers,  
staff, board members & loved ones who  
we lost throughout the year.  
Your caring light will continue to shine  
everyday through our mission.*

# Leadership Message

## *Working for YOU...*

It's an important time for Journey Health System and our affiliates as we focus on our long-range plans and achieving our critical mission. Mental illnesses are among the most common health conditions in the United States. More than one in five adults in the nation live with a mental illness. Additionally, over one in five youth (ages 13-18) either currently or at some point during their life, experience serious mental health disorders.

Meeting the needs of consumers who are seeking care, is our number one goal. We will strive to expand our footprint in Pennsylvania by partnering more outside and within our walls to provide the best mental health care possible, adding much-needed services, and increasing the number of consumers that we serve.

Thankfully, our affiliates and their staff across our System are performing well to meet the needs of the communities they serve. We are also pleased to report that their programs are operating strongly, as you'll see when you read this publication.

The achievements noted across the organization show that our team has successfully overcome the pandemic and they never stopped caring for their consumers. Everyone here at Journey Health System is dedicated to delivering high-quality mental health care services now and for generations to come.

On behalf of our leadership team, we remain focused on ensuring the health of the region today and for decades to come. We are ever grateful for your steadfast support.

We're working together for YOU!



**JOURNEY**  
HEALTH SYSTEM



Gregory LaRocca  
*Board Chair*



Guy Signor  
*President & CEO*



**BEACON LIGHT**  
ADULT RESIDENTIAL SERVICES

# Caring homes.

**Beacon Light Adult Residential Services (BLARS)** is treating over 90 individuals with significant mental health and developmental issues by offering them the ability to live in the least restrictive settings possible. From Intermediate Care Facility (ICF) cottages to community waiver homes to a dedicated Community Stabilization and Reintegration Unit (CSRU), the residents in BLARS programs receive clinical care and treatment while still enjoying the opportunity to be engaged and content members of society. Without access to these important services, these individuals might otherwise be placed in higher levels of care or institutions such as state hospitals. Much of the work at BLARS focuses on developing and/or maintaining the skills necessary to live, interact, and display appropriate behaviors and mannerisms in the community.

*"I like that I get preparedness to help me move out on my own. Staff members are very nice and they help me reach my long-term goals. If I didn't live here, I would be homeless and hungry. This place is my home and these people are my family."*

*-- Richard,  
BLARS resident*

Many of the adult residents in the ICF cottages share an intellectual or developmental disability along with a mental health diagnosis. They have lived with us since childhood, now spending their days in activities at the Adult Day Services program, going on outings, or interacting with their friends, staff, or family members.

Overall, staffing recruitment and retention levels are stabilizing after the difficult pandemic period. The focus on improving staffing levels resulted in a reduction of overtime costs and staff burnout.

The CSRU in McClure, Pennsylvania experienced some positive financial changes in 2022-23 that will allow for programmatic and fiscal viability into the future.

*For more information about BLARS, visit [www.beacon-light.org](http://www.beacon-light.org).*



**BEACON LIGHT**  
BEHAVIORAL HEALTH SYSTEM

# Specialty care.

**Beacon Light Behavioral Health System (BLBHS) is a leader in delivering high-quality, trauma-informed outpatient, ambulatory, prevention, education, and residential services throughout Pennsylvania. BLBHS recognizes the varying needs of the individuals they serve and has created specialty service lines to assist youth, adults, and families.**

**BLBHS recognizes that providing the highest quality care starts with high-quality employees, so the agency strives to provide training, mentoring, and educational opportunities to continue offering superior mental health services for years to come. This past year, BLBHS focused on tracking performance in the areas of Consumer Satisfaction/Client Outcomes, Program Quality, Workforce Development, and Operational Performance.**

**BLBHS provides specialty children's residential services with locations in Bradford, Youngsville, and Kittanning, Pennsylvania. These programs combine intense individual and family therapy and house children removed from their homes due to challenging mental health or behavioral health diagnoses. The Specialized Therapeutic Residence for Intellectual and Developmental Empowerment (STRIDE) has three locations to treat children dually diagnosed with a developmental disability along with a mental illness. The Girls In Recovery Learning Stengths (GIRLS) Program treats females who need residential care for mental health challenges.**

**Additionally, BLBHS also offers a full spectrum of community-based programs including school-based, family-based, multi-systemic, and outpatient therapies, along with behavioral health rehabilitative services, mobile medication management, and psychiatric rehabilitation services.**

**For more information about BLBHS, visit [www.beacon-light.org](http://www.beacon-light.org).**

*“I have never been treated so well by a mental health team in my life. I credit my stability on the help and support I receive from Beacon Light.”*  
-- BLBHS  
*Outpatient consumer*

*“This service has probably saved my life.”*  
-- BLBHS Blended  
*Case Management consumer*



deerfield  
behavioral health

# Positive changes.

**Deerfield Behavioral Health (DBH) provides positive changes in the lives of individuals being served by 24 public and private organizations across 23 counties in northwestern and central Pennsylvania. DBH offers a unique blend of diagnostic, therapeutic, and contract behavioral health services at several locations across the Commonwealth including outpatient clinics in Bradford, Erie, State College, and Warren. DBH also offers Deerfield Centers for Addictions Treatment (DCAT) in Warren, Marienville, and Tionesta.**

**This year, DCAT had several major accomplishments including the following:**

- **DCAT secured two additional contracts with Pennsylvania State Department of Corrections for Domestic Violence Batters’ Intervention Services and the State Drug Treatment Program for intensive parole supervision.**
- **Due to the growth and expansion of services in DCAT another therapist was hired.**
  - **DCAT presented at a panel discussion at a community awareness event for the Life Unites Us organization.**
  - **DCAT started a peer recovery support group that hosted 45 people at the first session.**
  - **Two therapists completed special clinical training for Cognitive Behavior Therapy and designation as a Certified Clinical Trauma Practitioner Level II.**

*"I feel like in all the years I have been in counseling at different programs, that you are the only one who has truly listened to me and worked to provide me skills related to what I was struggling with"*  
---DCAT patient  
in Tionesta, PA

**One of the greatest challenges facing healthcare systems across the nation is the shortage of psychiatric providers in rural areas. DBH is taking the lead on addressing this need by focusing efforts on retaining and recruiting psychiatric professionals to meet the needs of both affiliate and non-affiliate organizations they are contracted with. In 2023, DBH hired two new psychiatrists and a new board-certified psychiatric mental health nurse practitioner. DBH also successfully doubled their psychiatric nurse practitioner and physician assistant workforce.**

**For more information, visit [www.deerfieldbehavioralhealth.org](http://www.deerfieldbehavioralhealth.org).**





**Dickinson Center, Inc.**  
AN AFFILIATE OF JOURNEY HEALTH SYSTEM

# Bright future.

**Dickinson Center, Inc. (DCI) and its team of just over 200 employees provide behavioral health services to individuals living with intellectual and developmental disabilities, as well as children's prevention services throughout rural northwestern Pennsylvania. DCI is committed to working with their dedicated team on continuous quality improvement in all of their service lines while looking for ways to best maintain and support staff.**

**In spring 2024, DCI plans to break ground for a new building in downtown St. Marys, Pennsylvania. In the past year, DCI has completed site preparation, and completed the building design and floor plan for the 12,400-square-foot facility. This new structure will consolidate and centralize the out-patient services that are currently scattered across multiple locations in St. Marys. Details about the project may be found at <https://givetodickinson.org/st-marys-project>.**

**In the past year, Dickinson applied for and received \$263,000 dollars in grant funding to use for recruitment and retention efforts. As a result, staff time has been dedicated to assist with the onboarding process for new hires during their first 90 days.**

**In the spring of 2023, Dickinson Center was successfully recertified as a Trauma Information Care Center.**

**DCI has work very hard over the past year to remain active in our communities by being involved in events like Mental Health Awareness month, highlighting inclusive employers of the month, taking part in the St. Marys Bavarian Festival, and a special children's events hosted by the Children's Center Parents as Teachers team at DCI.**

**For more information about DCI, visit [www.dickinsoncenter.org](http://www.dickinsoncenter.org).**

*“Keep up the good work that you do because it works if I try to use it in my daily life. Thank you for all the hard work that you do. I hope for even more success in the new year.”*

*-- DCI Psychiatric Rehabilitation consumer*



forest/warren

mental wellness association

# Improving lives.

**F**orest/Warren Mental Wellness Association (FWMWA) is a consumer-driven company whose main vision is to assist adults in Warren and Forest counties in their recovery efforts from mental health issues. This year, FWMWA focused on identifying and addressing various local social determinants of health to keep individuals in their community-based setting and out of inpatient hospitals or other higher levels of care. Programs are designed to increase a positive social life, connections to other vital services, transportation, and assistance with basic life skills. Additionally, the FWMWA Fairweather Lodges offer safe and affordable housing with a strong employment/vocational skills component. FWMWA also offers a Representative Payee service to assist individuals maintain their finances and paying bills.

FWMWA recently initiated a Community-based Care Management program to assist adults in Forest and Warren counties who are enrolled with Community Care Behavioral Health. The program has proven beneficial and the FWMWA management team has made huge strides in consumer attendance at the Friendship House (Drop-In Center) located in Warren. Now that the pandemic has ended, many of the consumers who were unable to attend due to restrictions, are once again participating in person and engaging in a multitude of activities (recreational, cooking classes, therapeutic topic classes, and group sessions).

FWMWA is now concentrating on increasing their WellSpring Home & Garden's volume of local residential and business lawn/landscaping customers and developing a new contract cleaning business. It is anticipated that future revenue will increase due to these efforts.

*For more information about FWMWA, follow @ForestWarrenMentalWellness on Facebook.*

*"I feel like in all the years I have been in counseling at different programs, that you are the only one who has truly listened to me and worked to provide me skills related to what I was struggling with"*

*---DCAT patient  
in Tionesta, PA*



# Bridging gaps.

**Stairways Behavioral Health (SBH)** has been serving the Erie community by providing mental health care and addiction treatment to persons at any stage of their life. Over the past year, SBH has provided services to more than 6,000 consumers.

SBH continues to evaluate programs to develop or expand services based on identified needs in the community. As a result the following projects are underway:

- The Fairweather Youth in Transition Lodge opened in May 2023.
- A Domestic Violence Support Group is in operation through the Erie Outpatient Clinic.
- A contract for Medically Assisted Treatment in the Erie County Prison was launched in August 2023.
- An addendum license was received to expand the Psychiatric Rehabilitation Program to now offer site-based psych rehab services. The program will be located in the lower level of the Erie Outpatient Clinic.
- Remodeling, construction, and updating of several SBH facilities is underway. This includes upgrades to provide functionality of space, welcoming program areas, and overall comfortable treatment environments for consumers to receive treatment and care.

SBH continues to aggressively execute the strategic plan developed in 2023 with focus on community awareness, staff recruitment/retention, wellness, and collaboration with various community providers, and support for those who live at the margins of homelessness. As a result, SBH is working with Erie County Office of Intellectual Disabilities to expand Assertive Community Treatment and to focus on intellectual disability services for the community.

For more information about SBH, visit [www.stairwaysbh.org](http://www.stairwaysbh.org).

*“I thank God for Stairways for keeping me and my daughter alive with all of our family so far away.”*  
-- SBH Blended Case Management consumer



# Advanced software.

Deerfield Solutions, LLC is a software and training company that licenses and supports the electronic versions of the Level of Care Utilization System (LOCUS<sup>®</sup>) and Child Adolescent Level of Care Utilization System (CALOCUS<sup>®</sup>) tools, as developed by the American Association of Community Psychiatrists (AACP). Deerfield Solutions provides these services under an exclusive agreement with the AACP which has been in place for over 20 years.

The LOCUS tools are used by behavioral health providers, insurance companies, and public health entities to determine level-of-care placement for patients. While the LOCUS tools have been around for a long time, and in use in more than half of the United States and Canada, there has been a significant adoption of the tools over the last year due to increased regulation of their use.

This increase in business has allowed Deerfield Solutions to bring on a dedicated web developer and invest in additional technologies to further enhance its product offerings.

One of Deerfield Solutions' growing product offerings is Electronic Health Records (EHR) system integrations. On this front, Deerfield Solutions has recently completed an integration of LOCUS into Streamline's Smartcare<sup>™</sup> EHR platform and is actively working on an integration with Netsmart's MyAvatar<sup>™</sup> product.

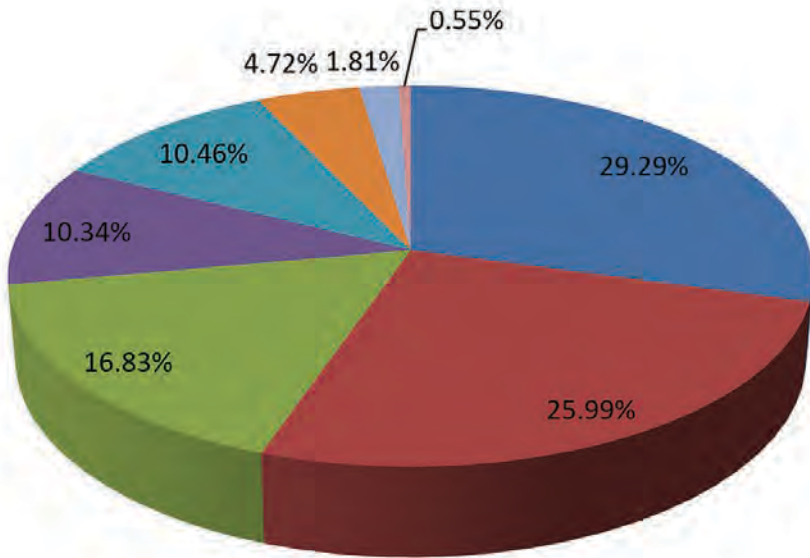
*For more information about Deerfield Solutions, visit [www.deerfieldsolutions.com](http://www.deerfieldsolutions.com) or call 814-878-2020.*

*"Michigan Department of Corrections has used LOCUS since 2020 to help accurately determine patients' level of adaptive functioning and to place them in the appropriate level of care for behavioral health treatment. It has been an important tool that keeps our mental health professionals doing up-to-date clinical work with evidence-based criteria and training."*

*---Deerfield Solutions customer*

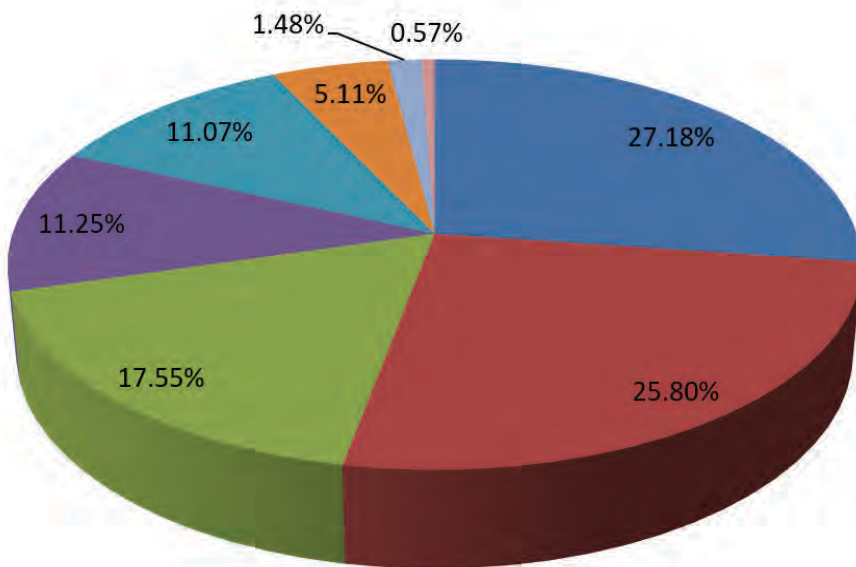
# Fiscal Year 2023

2022-2023  
**REVENUES TOTAL \$88,894,308**



Beacon Light Behavioral Health System	\$26,038,691
Stairways Behavioral Health	\$23,103,818
Dickinson Center, Inc.	\$14,962,665
Beacon Light Adult Residential	\$9,195,680
Journey Health System	\$9,302,609
Deerfield Behavioral Health of Warren	\$4,194,371
Deerfield Solutions	\$1,609,390
Forest Warren Mental Wellness Association	\$487,084

2022-2023  
**EXPENSES TOTAL \$81,768,432**



Beacon Light Behavioral Health System	\$22,222,728
Stairways Behavioral Health	\$21,095,291
Dickinson Center, Inc.	\$14,350,280
Beacon Light Adult Residential	\$9,199,784
Journey Health System	\$9,048,185
Deerfield Behavioral Health of Warren	\$4,175,481
Deerfield Solutions	\$1,211,251
Forest Warren Mental Wellness Association	\$465,432

# Help Us Turn Our Vision Into A Reality For Years To Come.

## Here Are Ways You Can Lend A Hand:

- ◆ Submit a gift payable to any of our affiliates using the enclosed envelope.
- ◆ Make a check payable to any of our affiliates & mail it to:  
Journey Health System  
**Attn: Institutional Advancement Office**  
47 Beacon Light Way  
Bradford, PA 16701
- ◆ Make a donation by calling 814-776-0254.
- ◆ Make an online donation at:
  - [www.givetobeaconlight.org](http://www.givetobeaconlight.org)
  - [www.givetodickinson.org](http://www.givetodickinson.org)
  - [www.givetostairwaysbh.org](http://www.givetostairwaysbh.org)
- ◆ Join this special group of friends (visit the websites listed above for details):
  - Beacon Light- 1903 Founder's Society
  - Dickinson Center, Inc.- 1958 Founder's Society
  - Stairways Behavioral Health- Laura Wallerstein Stairways to Hope Society
- ◆ Follow our affiliates on Facebook & share our news with your friends.
- ◆ Volunteer or do an internship by contacting [info@journeyhealth.org](mailto:info@journeyhealth.org).

## Thank You for Supporting Our Mission

The following pages list the key donors to each of Journeys' affiliates including: Beacon Light Behavioral Health System, Beacon Light Adult Residential Services, Deerfield, Dickinson Center, and Stairways from July 1, 2022 to June 30, 2023.

Your philanthropic support is no less valuable to our mission today than it was when each agency was founded. We couldn't offer our essential services without your help. Thank you!

*Journey Health System gratefully acknowledges all of our generous benefactors. To the best of our knowledge, the information in our Annual Report accurately reflects our records. We recognize, however, that omissions or errors, while regrettable, inadvertently may occur. If you find any inaccuracies, please notify Institutional Advancement at 814-776-0254.*

# BEACON LIGHT DONORS



## BEACON LIGHT

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### *Special Tributes* Beacon Light

*In honor of Dr. Bazzoui*  
Karen Gelston

*In memory of Brian Bishop*  
Anita Holman

*In memory of Dr. Howard Ferguson*  
Greg & Lisa LaRocca

*In memory of David A. Jones*  
Kathleen G. Jones & Family

*In memory of Sally Mangel*  
Marilyn Riggs

*In memory of Sandy Maxson*  
Dawn & Frank Snyder

*In memory of Mary Murphy*  
Kimberly & William Ditz

*In memory of Alex Phillips*  
Sanzo Beverage Co., Inc.

*In memory of Duane Christine Saunders*  
Law Offices of Robert L. Saunders, P.C.

*In memory of Deborah A. Smith*  
Kathleen G. Jones & Family

*In memory of Robert & Kay Smith*  
Angelo & Lynn Nuzzo

*In memory of Nadine Staiger*  
John & Dee Baxter

*In memory of Philip Urban*  
Karen Gelston

*Beacon Light is a 501 (c) 3 organization, contributions to which are tax deductible as permitted by law. The official registration and financial information of Beacon Light may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.*

*To learn more about how you can make a contribution to Beacon Light, please call 814-776-0254.*

# DEERFIELD BEHAVIORAL HEALTH DONORS



John H. Buck  
Joel M. Holman  
Greg & Lisa LaRocca  
Mr. & Mrs. Warren Shaw  
Dr. Kim Thurston  
Dan & Emily Zinsner

## *Special Tributes* Deerfield Behavioral Health

*In memory of Robert J. Hurley*  
Mr. & Mrs. John H. Buck  
Mr. & Mrs. Joel M. Holman  
Mr. & Mrs. Warren Shaw  
Dan & Emily Zinsner

# DICKINSON CENTER DONORS



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Stoltz Family Dealerships  
Frank Straub  
Jennifer Y. Tamburlin  
The Stackpole-Hall Foundation  
Dave Thomas  
Tim Thomas  
Toyota Match Program  
Connie Turner  
Brenda Werneth  
Tonya Wolfe

## *Special Tributes* Dickinson Center

*In memory of Wanda Dagher*  
John W. Basl  
Mr. & Mrs. Armando Fortunato  
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Mr. & Mrs. William G. Hicks  
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## *Special Tributes* Stairways Behavioral Health

*In memory of Adam & Tim Holland  
Lindsey Holland*

*In memory of Annette Kimmel  
Rick & Mindy Cohen*

*In memory of Jack Komora  
Mark Kennedy  
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*In memory of Moshe Lifshen  
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*In memory of Sandy Maxson  
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*In memory of Laura W. Wallerstein  
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***Special thanks to those who  
supported Stairways Behavioral Health on  
Erie Gives Day!***

**Please remember us during  
Erie Gives in August 2024  
at [www.eriegives.org](http://www.eriegives.org).**

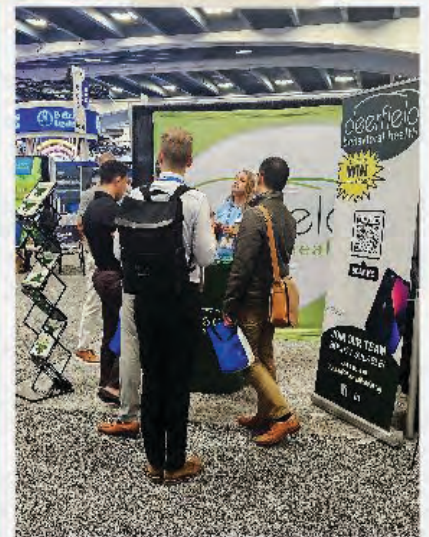
# Community



BL-SAP & Outpatient team radio interview at Warren County Fair

"I am very happy with the support I receive at Dickinson's Psych Rehab, both from the staff and my peers. I enjoy attending and my life continues to improve as I attend"

-- DCI Psych Rehab Program Consumer



DBH at 2023 American Psychiatric Association event

## Working together



DCI Parents as Teachers Superhero event



SBH Outpatient Drug & Alcohol and Mental Health teams' picnic in Erie



BLBHS Outpatient Clinic in Warren

"your staff is always amazing!"

They go above and beyond to make sure you can reach your goals."

--BLBHS Outpatient Consumer

# Outreach



**JOURNEY**  
HEALTH SYSTEM

**for**  
**You!**



BLBHS Staff on Luau Day at First Street in Bradford

*"while I have experienced being able to assist others in many ways in my nursing career, the sense of community I have here is like no other."*

--Nurse Team Member

*"I started my career in 2011, and it was the best career move that I could have made."*

-- Staff Member



Deerfield Solutions at NatCon Vendor Booth



SBH Gage House Donation from Signal Tech in Erie



DCI at Ridgway Rendezvous Community Event



JHS Annual Meeting 2022 in Bradford

**JOIN OUR TEAM!**

Visit our Career pages at:

- [www.beacon-light.org](http://www.beacon-light.org)
- [www.dickinsoncenter.org](http://www.dickinsoncenter.org)
- [www.journeyhealth.org](http://www.journeyhealth.org)
- [www.stairwaysbh.org](http://www.stairwaysbh.org)

Or, email:  
[recruiting@journeyhealth.org](mailto:recruiting@journeyhealth.org)

EOE



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